

The best time to plant a tree was 20 years ago. The second best time is now!

Chinese Proverb

What I learned in “quotes”

Jacek Salek

This booklet is my gift to all of you who decided to like my fun page and get involved in it. It was produced to celebrate 10.000 likes.

I want to be frank with you. I do what I do because I like it! It is a great way for me to think about life and to check my ideas with ideas of others. On the way I found out that there are quite a lot of people who are enjoying the things I am doing on Goodchange.

Now I have an extra motivation. The extra motivation is you!

Therefore thank you for your likes and for your engagement. As long as there is a chance to learn something new I intend to do what I started at Goodchange.

If you will be inspired, motivated or helped in any way, this is the biggest reward I could ever imagine.

Thank you for liking Goodchange! I like you back!

Jacek Salek

Good change

“For things to change you have to change;

for things to get better you have to get better...”

- Jim Rohn

There is no growth without changes, there are no changes without choices... (JS)

~o~

My teacher used to say that people change for one of two reasons:

- **Inspiration**
- **Desperation**

The game of life is to have plenty of the first and not too many of the second reason... (JS)

~o~

You can't change circumstances, but you can change your response to circumstances... (JS)

~o~

The only way to become better is to change, the only way to change is to learn... (JS)



Most liked

A wise man never knows all; only a fool knows everything.

- **African Proverb (via David Wolfe)**

Two things to remember in your life. Take care of your thoughts when you are alone, and take care of your words when you are with people.

- **Via Power of Positivity**

Always remember that your present situation is not your final destination. The best is yet to come.

- **Via Billy Cox Motivation**

A good relation is when someone accepts your past, supports your present and encourages your future.

- **Via Billy Cox Motivation**

Life is short. Spend it with people who bring out the best in you, not the worst in you.

- **Via Womenworking.com**

Every time you get upset at something, ask yourself if you were to die tomorrow, was it worth wasting your time being angry?

- **Robert Tew**

Good life

“Life can only be understood backwards; but it must be lived forwards...”

- Søren Kierkegaard

A good life for me is not a static state. It is more a process that leads me to discover my potentials and to become all I am able to become... (JS)

~o~

A good life is when I make measurable progress in reasonable time and when I am satisfied with my own growth... (JS)

~o~

A good life is when I touch positively other people's lives. When I can contribute in a positive way to the environment around me... (JS)

~o~

A good life is when I am grateful for what I am, what I achieved and what I attracted without losing the urge to become, discover and attract even more... (JS)

~o~

A good life is when I have freedom of choice and the wisdom to choose wisely... (JS)



Most seen

As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness and hatred behind, I'd still be in prison.

- **Nelson Mandela**

It's called reading. It's how people install new software into their brains.

- **David Wolfe**

When he wanted to take her picture, he didn't tell her to smile, but told her, "I love you" and her smile was more beautiful

- **Spirit Science**

The future depends on what you do today.

- **Mahatma Gandhi**

Lots of people want to ride with you in the limo, but what you want is someone who will take the bus with you when the limo breaks down.

- **Oprah Winfrey**

When you come to the point where you have no need to impress anybody, your freedom will begin.

- **Spirit Science**

Good goals

“Shoot for the moon, because even if you miss, you'll land among the stars...”

- Les Brown

A good goal should inspire and motivate you. Only then will you be able to face inevitable opposition... (JS)

~o~

When your goals are not aligned with your basic values you have 2 choices:

- Find other goals***
- Change your values***

Otherwise you are just kidding yourself...(JS)

~o~

The best reason of setting goals is not to get more but to become more... (JS)

~o~

Take what is valuable from your past and invest it all into your future. Don't get stuck by events from the past! Your dreams and goals are in the future... (JS)



My favorites

Don't find fault, find a remedy; anybody can complain...

- **Henry Ford**

If you don't like something, change it. If you can't change it, change your attitude...

- **Maya Angelou**

True forgiveness is when you can say, "Thank you for that experience."

- **Oprah Winfrey**

Don't let someone else's opinion of you become your reality!

- **Les Brown**

Success is not to be pursued; it is to be attracted by the person you become.

- **Jim Rohn**

Live so that when your children think of fairness, caring, and integrity, they think of you.

- **H. Jackson Brown, Jr.**

Happiness

“Happiness is when what you think, what you say, and what you do are in harmony...”

- Mahatma Gandhi

Learn how to fashion happy moments with what you have.

Happiness is not an amount ... (JS)

~o~

It is better to be wrong and happy than right but unhappy ... (JS)

~o~

Practice the art of happiness. Only you can do it for yourself... (JS)

~o~

Happiness is not in your wallet, happiness is in your mind... (JS)

~o~

True happiness is an art not an accident, you can be as happy as you are able to fashion and design it... (JS)

Thank you for

10.000

Likes on FB

You are the

best!